



4th Annual UF Health Integrative Medicine Conference and Workshop

Botanicals and Supplements: Safe, Sensible and Effective Use

Friday, May 5, 2017: Pre-Conference Workshop

Herbal and Lifestyle Approaches for Chronic Conditions

8:15 – 8:55 a.m.	Check In
8:55 – 9:00 a.m.	Welcome - Presented by Susan Marynowski, M.S., Herbalist
9:00 – 10:00 a.m.	Session 1: Cardiovascular Disease
10:00 – 10:15 a.m.	Break
10:15 – 11:15 a.m.	Session 2: Dementia and Alzheimer's Disease
11:15 – 11:30 a.m.	Break
11:30 – 12:30 p.m.	Session 3: Arthritis
12:30 – 1:45 p.m.	Lunch Break & Exhibits
1:45 – 2:45 p.m.	Session 4: Cancer
2:45 – 3:00 p.m.	Wrap Up & Discussion

Saturday, May 6, 2017: Conference

Botanicals and Supplements: Safe, Sensible and Effective Use

7:00 – 8:00 a.m.	Registration, Breakfast, & Exhibits
8:00 – 8:15 a.m.	Opening Remarks Irene M. Estores, MD
8:15 – 8:30 a.m.	Entering Zen Qigong Lauren Kolansky
8:30 – 9:30 a.m.	Keynote Speaker: Evaluating Safety and Efficacy of Natural Products Ather Ali, ND, MPH, MHS
9:30 – 10:30 a.m.	Herb – Drug - Supplement Interactions in Cancer Therapy Katherine Vogel Anderson, PharmD, BCACP & Misti Oxford-Pickeral, MAC, AP
10:30 – 11:00 a.m.	Break & Exhibits
11:00 – 12:00 p.m.	Supplements on Your Plate Monica Aggarwal, MD
12:00 – 1:00 p.m.	Lunch & Exhibits
1:00 – 1:15 p.m.	Digestive Qigong Lauren Kolansky

Break - Outs for Case-Based Learning Sessions

	Track 1 – Adult Track	Track 2 – Pediatric Track
1:15 – 2:55 p.m.	David McMahon, DOM, & Marika Alois, MD	Rebecca Wayne, AP & Stephen Bolduc, MD
2:55 – 3:25 p.m.	Break & Exhibits	
3:25 – 4:25 p.m.	Sleep Well, Live Well: Seeking the Holy Grail Mark McIntosh, MD	
4:25 – 4:30 p.m.	Closing Remarks Irene M. Estores, MD	